

Lobethal Primary School

Monday Munchies Menu

Term 1, 2014

\$4.00 per week or \$24 per Term

Week/Date	Main	Dessert
Week 4 17 th February	Flat bread, Veggi sticks and dips	Plum Crumble Cake
Week 5 24 th February	Zucchini Slice	Fruit Smoothies
Week 6 3 th March	Cous Cous	Fruit Salad
Week 7 10 th March	Public Holiday	
Week 8 17 th March	Wood Oven Pizza	Frozen Strawberry Yoghurt
Week 9 24 th March	Basil Penne	Carrot Cake
Week 10 31 st March	Greek Lamb Salad	Parfait Glasses
Week 11 7 th April	Competition Recipe	Competition Recipe

Meals are prepared using produce grown in from Our Veggi Patch or locally grown where possible. Menu items may be subject to minor variations/change, according to produce availability.

Do you have excess produce that we may be able to use in our Monday Munchies Menu? Your assistance would be greatly appreciated.

Monday Munchies Competition

Would you like the opportunity to decide what we have for Monday Munchies in the last week of Term?

Do you have a tasty recipe for mains and desert that features summer produce that you would like to share?

Would you like to come and show us how to make your recipe and help prepare lunch for the rest of the school?

If so please enter our Monday Munchies Competition by filling out the form below and returning to your teacher.

Entries Close Friday 14 March, 2014

Entries will be judged based upon the following criteria:

- Best use of local, fresh produce
- Ease of preparation for large number of people (We have one oven and stove top)
- Ease of serving and eating
- Healthy Recipe and predicted Yumminess.

The entries will be judged by the year 6/7 group of helpers on 17th March, 2014.

Name: _____ Class Room _____

Recipe: _____

